



Field Hockey Clinic with the **Ohio State Coaching Staff**



Head Coach Jarred Martin



Asst Coach Patrick Cota

Sunday 3rd May

9 AM to 11 AM

Cost - \$95

at The Training Center (Spring City, PA)

In accordance with NCAA guidelines, all Camps and Clinics are open to any and all entrants, limited only by specified number, age, grade level and/or gender of its participants.

Head Coach **Jarred Martin** and Assistant Coach **Patrick Cota** were teammates for over 12 years on the Mens National Team. Both earned over 100 caps.

They are also very active within the USA FH system as coaches, Patrick currently helping the mens national team as they prepare for 2028 Olympics and Jarred helping the U21 team. Coach Martin has previously served as head coach of the U17 and U21 National Teams.

Focus of the clinic:

Basic Skill Refinement

Goal Scoring

Defensive Basics

Small Game Play

focusing on transition speed and aggressiveness.

SPACE IS LIMITED TO THE FIRST 40 PLAYERS WHO SIGN UP!!

REGISTER TODAY AT:

<https://www.thetrainingcenterpa.com/osu-clinic>